

Seminar Schedule

Friday	Saturday
12:00-12:30 pm Improving Your Mental Game Geoffrey Colón, Ph.D.	8:30-9:15 am Understanding IJS Scoring Barry Doren, Chief Referee and Valerie Terry
2:30-3:30 pm National Solo Dance (New Rules for 2019-2020 season) John Millier	12:15 - 1:15 pm Scoring Q & A Gary Clark and Heather Lehnert
3:30 - 4:30 pm National Qualifying Series (Information and Q&A) Danielle Minnis	2:00-3:00 pm Understanding Component Marks and GOE's Cherie Alexander
5:30 - 6:00 pm Understanding Your Scores (6.0) Panel Discussion	4:00 - 4:45 pm Program Components 101 Skater and Parent Q & A Rochelle Revor